



#WHEEL WASH

SETTOON TOWING

4TH QUARTER 2013

Mv. Cheryl Lee Settoon Is Welcomed Twice

By: H. Nelson Spencer

Settoon Towing LLC welcomed the new mv. Cheryl Lee Settoon into its fleet not once, but twice. The first time, the event was held at the company's headquarters in Pierre Part, La., to celebrate the fact that the vessel is equipped with the first Tier 3 mechanical Mitsubishi marine engines on the inland waterways. The second time, it was conducted in Galveston, Texas, near the headquarters of Settoon's strategic partner, Plains All American Pipeline.

The Cheryl Lee Settoon, at 87 by 32 by 11.5 feet, is equipped with two Tier 3 Mitsubishi S12R engines from Laborde Products that are rated 2,600 hp. total at 1,600 rpm.

Doug Ohrlein of Laborde noted that while the engine industry has been meeting ever more stringent EPA emission requirements with complex electronics, Mitsubishi has met the Tier 3 requirements with simple mechanical engines.



The 2,600 hp. Cheryl Lee Settoon was built by Central Shipyard

for the barge pump power units. The actual bottle-breaking took place in Galveston, where namesake Cheryl Lee Sanford did the honors. She is the wife of the vice president of lease supply for Plains All American Pipeline (PAA), Robert Sanford, who manages the commercial operations of the company's lease marketing, trucking and marine transportation activities. Settoon Towing has a strategic partnership with PAA, a mid-stream energy supplier based in Houston, Texas, to deliver crude oil to customers throughout the United States, with a primary focus on the Gulf Coast, Mississippi and Ohio River systems.

electronic engines? Our answer was to keep it mechanical as long as they could." In 2007, when Tier 2 requirements came into effect, most engine manufacturers moved to electronic engines, he continued. "So, we were pleasantly surprised when Mitsubishi announced in 2012 that they could meet Tier 3 marine requirements and keep the engines mechanical. I believe the explanation is that Mitsubishi is building and designing with a U.S. marine market focus, while other companies are trying to meet both land and marine EPA requirements with a common design."

To commemorate the event, Ohrlein gave Russ Settoon, president of Settoon Towing, a chrome S12R Tier 3 connecting rod, which, according to Chris Cerullo of Laborde, "is probably the best salesman we have" because of its size and weight compared to other engines in the horsepower range.

This is not the first Mitsubishi-powered boat that Settoon is operating. The firm currently has six Mitsubishi-powered towboats, and the company's new tank barges are all being fitted with Mitsubishi S6B3 mechanical engines

In his welcoming remarks, Russ Settoon referenced the company's expansion program, saying Settoon Towing's ranking "among the top towing companies in the United States" would not be possible without "our employees, vendors, customers and financial partners." Before the strategic partnership with PAA, Settoon's business was primarily an oil gathering business using smaller boats and barges. Since 2000, Settoon has been replacing the smaller vessels in the fleet with new vessels. It now has



Shown with a chrome connecting rod from a Mitsubishi S12R Tier 3 engine are, from left, Scott Townsend, Doug Ohrlein, Russ Settoon, Chris Cerullo, Todd Maise, Gene Moore and Chris Smart

"Tracy Laborde and I visited Mitsubishi Japan in 2001," he said, "and one of the first questions their engineers asked was did we want mechanical or

(Cont.) Mv. Cheryl Lee Settoon Is Welcomed Twice



Capt. Jeff Coleman, relief captain Kevin Wendling, tankerman Brian Flowers and Dustin Akins, deckhands Cody Strickland and Brandon Price

63 boats with two more under construction, and one of the youngest fleets in the industry. The Cheryl Lee is one of 12 new inland pushboats Settoon Towing will have put in service by the end of 2013. The company's expansion program also includes a number of new 30,000-barrel tank barges from Trinity Marine Products.

Russ singled out the crew of the mv. Cheryl Lee—Capt. Jeff Coleman, relief captain Kevin Wendling, tankermen Brian Flowers and Dustin Akins, and deckhands Cody Strickland and Brandon Price—for their good work, in response to which Capt. Coleman said, "Everyone works together here and I believe this type of family atmosphere is the reason for Settoon's great success.

This type of involvement gives the crew a part in the building process, which in return promotes ownership throughout the company; it's a win-win situation." Sanford expressed his thanks, concluding that if the boat is anything like his wife, who is "wonderful at everything, including being a mother, stepmother, wife and friend," it should never have any problems.

Central Gulf Shipyard in New Iberia, La., built the Cheryl Lee, as it did the mv. Kim M. Settoon, which, except for the Tier 3 engine, is a twin. The shipyard is owned by Sneed Shipbuilding, represented at the christening by Clyde Sneed and his wife, Judy.

The vessel has a 24,000-gallon fuel capacity and carries 8,500 gallons of potable water. The Sound propellers are 82 by 55 inches, with eight-inch shafts. The vessel has two main and four flanking rudders. Reintjes WAF 665 reduction gears from Karl Senner that operate at a 5.57:1 ratio. Ship power comes via twin 99 kw. John Deere generators. The engine cooling system is by Duraweld, with engine alarms supplied by Unlimited Controls & Supply Inc. The vessel also is equipped with a Sea Horse waste treatment system, and two 40-ton Patterson winches.

Hydra Force of Belle Chasse, La. designed and installed the electric-over-hydraulic steering controls. M&M

Bumper supplied the fendering, Dale's Welding supplied the aluminum exterior doors and D&G Communications provided the electronics package, featuring Furuno radars.

The Cheryl Lee has a spacious galley with a separate crew lounge area. The vessel has accommodations for seven crewmembers in three rooms with single occupancy and two with double. There are four bathrooms and three showers. There is a separate laundry room on the bottom level.

Each stateroom is well equipped, especially the captain's room, which features a large flat-screen television and surround sound.

After the christening, the Cheryl Lee Settoon went to work pushing two 30,000-barrel barges on the Gulf Intracoastal and Mississippi River system.



Cheryl Lee Sanford
The namesake

**Photo Contest
WINNER!
30 Points
Awarded to
Relief Captain
Mike Varley Jr.**



Relief Captain Mike Varley Jr. on
Hannah C. Settoon

If you would like to contribute a picture or article to be published in the Wheel Wash, please send to kellie.burnett@settoontowing.com
One picture will be chosen every quarter and safety points will be provided to the winner.

New Equipment

Name	Official Number	Year Built	BBL	Size
SMI-30051	1248993	2013	30,000	297 x 54 x 12
SMI-30052	1248992	2013	30,000	297 x 54 x 12
SMI-30053	1249447	2013	30,000	297 x 54 x 12
SMI-30054	1249745	2013	30,000	297 x 54 x 12
SMI-30055	1249746	2013	30,000	297 x 54 x 12
E2MS 302	1248273	2013	30,000	297 x 54 x 12
E2MS 303	1248274	2013	30,000	297 x 54 x 12

Name	Year Built	Size	GT	NT	HP
CHERYL LEE SETTOON	2013	87 x 32 x 11.5	384	115	2,600
PELICAN STATE	1982	138 X 37 X 9	564	237	4,200

Longer Wait Times Return At License Center

BY CARLO J. SALZANO

WJ Washington Correspondent

Washington, D.C. —The National Maritime Center has advised merchant mariners that it is experiencing longer processing times and inventories for merchant mariner credential (NMC) applications and other products and services.

The center said the longer times can be partly attributed to the recent lapse of appropriations (government shutdown) and the surge of applicants seeking security endorsements required by January 1, 2014.

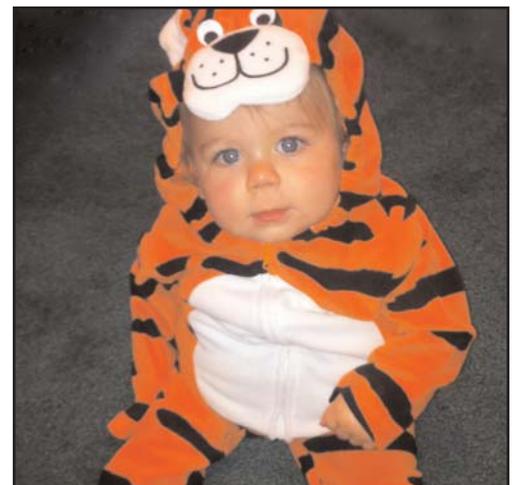
Following the lapse in funds in October, the NMC said, initial steps to reprioritize credentialing evaluation and production efforts were enacted, and those efforts continue. The NMC said it has implemented additional contingency plans within its legal and operational authorities to address those products and services that are being negatively impacted.

“We hope such efforts will reduce our elevated response and processing times in the near future,” the center said. Customers are encouraged to continue sending applications for all products and services “and we will do everything to restore the same level of product and service delivery you have become accustomed to,” the center added.

Goblins Spotted at Settoon Towing for Trick or Treat



Blair Settoon



Jake Vaughn

SETTOON TOWING WELCOMES

GETTING TO KNOW...



In the 4th quarter, "Getting to Know" section, Lisa Robinson has been chosen. Lisa is the Receptionist in Houma and has two years of service with Settoon Towing. Lisa has a daughter named Raven Nicole Sipp, she is sixteen and attends Terrebonne High School. Raven is involved in school activities that include the swim team and playing the clarinet in the band for Terrebonne High School. Raven will graduate in 2015. Lisa is the eldest of two brothers. One brother works for the FAA Federal Aviation and investigates aircraft crashes and performs airline maintenance. The other brother works for Pier-1 in the corporate office and travels around the country setting up new stores. While away from work Lisa enjoys watching television, baking, bowling, going to the movies and hanging out with her daughter, family and close friends.

Q&A WITH Lisa Robinson

Date of Birth: 07/04/1960

How long have you been in the marine industry: 3 years

What's the favorite part of the job: Meeting People and taking on new challenges

If there was one food you had to eat every day, what would it be: Boiled Crawfish

Dream Car: Lexus

What did you want to be when you grew up: Elementary Education Teacher

Something people don't know about you: I love watches, I own about 15

Lisa's favorite thing to do as a child: Play Secretary

A positive attitude causes a chain reaction of positive thoughts; events, and outcomes. It is a catalyst and it sparks extraordinary results.

-Wade Boggs-

2013 - 4th Quarter New Hires

Employee	Job
Bailey, Jeffrey V	Tankerman
Bates, Logan R	Deckhand
Baudot, Ross M	Deckhand
Beard, Edward R	Deckhand
Bishop, James E	Tankerman
Boudreaux, Rory	Deckhand
Bourgeois, Chance D	Tankerman
Boyd, Franklin P	Wheelman Master
Bradley, Billy	Wheelman Master
Carmack, Nicholas	Deckhand
Chavers, Garrett E	Deckhand
Chevront, William	Wheelman Master
Christen Jr., David J	Wheelman Master
Coleman, Bernard	Deckhand
Compton, William E	Medical Wheelhouse
Dobbs, Dustin	Deckhand
Duplantis, Brad J	Tankerman
Encalade Sr, General P	Relief Captain
Flowers, Joseph M	Apprentice Mate
Foret, Blake	Deckhand
Foret, Christofer	Deckhand
Gates, Joseph	Deckhand
Hebert, Lee	Deckhand
Holden, Tavis	Tankerman
Howell, Eugene	Deckhand
Jernigan, Christopher	Deckhand
Keith, Christopher D	Deckhand
Labourdette III, Roy P	Deckhand
Lacombe, Corey H	Tankerman
Lantier Jr, Stephen	Wheelman Master
Leboeuf, Jerome	Training Wheelhouse
Lebouef, Ervin J	Tankerman
Lirette Jr, Dale	Wheelman Mate
Long, Ray V	Wheelman Master
Martin Jr, Willie L	Tankerman
McDaniel, John E	Tankerman
Mckee, Dalton J	Tankerman
Medcalf, Gary W	Tankerman
Moore, Jonathan	Tankerman
Moses, Kindell	Deckhand
Rankin, Joshua C	Deckhand
Reed, Taylor J	Deckhand
Rice, Micheal K	Tankerman
Rockarts, Nathaniel R	Tankerman
Roy, Travis	Deckhand
Simpkins II, Billy E	Wheelman Master
Stewart, Dustin	Deckhand
Stewart, Vernon	Wheelman Master
Sublett, Brandon	Wheelman Master
Townsend, Luke D	Tankerman
Waller, Nathan	Tankerman

SETTOON FAMILY

In Loving Memory of Pierre “Woo Woo” Francis

Pierre was a long time captain of Settoon Towing & father of Kerry “Chief” Francis, current captain of the Philomene. Please keep Chief and his entire family in your prayers as they face this extremely difficult time.

To those of you who were fortunate enough to know “Woo Woo”, you knew he could make you smile without saying a word. I’m also pretty sure he could run a tug boat with his eyes closed!! He will be greatly missed by all who were fortunate enough to know him.

Born April 7, 1943
At Rest November, 23, 2013



In Loving Memory of Edna Fangué Michel

Edna was a resident of Morgan City and Mother of Jimmy Michel, Settoon Towing, Port Engineer. Please keep Jimmy and his entire family in your prayers.

Born November 25, 1928
At Rest October 31, 2013



Operations Crew Lunch

AUTO

Take Control and Save on Auto Insurance



Drive Safe & Save

You're a safe driver. And with our Drive Safe & Save program, that actually gives you more control over how much you can save on your auto insurance. Here's how it works: Using your vehicle's OnStar®, In-Drive®, or SYNC® communication service, we collect basic information about your driving. We then use that information to calculate your safe driver discount — which can amount to up to 50% on your auto insurance. The safer you drive, the more you save. It's that easy.

To Enroll, Go to: <https://www.statefarm.com/insurance/auto/discounts/drive-safe-save/>

Olivia Grace Settoon

As most of you are aware, all of our chemical and oil tows are now required to be audited (SIRE) by our customers on an annual basis. These inspections are typically more stringent than what the USCG requires. I just want to thank all of you who on the vessels who have had outstanding inspections this year for working so diligently in maintaining your vessels to these standards. Please continue to keep up the hard work.

Submitted by Chad Comeaux, Safety/Vetting Coordinator



First AED Installed

The Cheryl Lee Settoon is the first Settoon vessel to have the AED (automated external defibrillator) installed, and the first crew trained in its use. The picture from left to right is Cheryl M. Settoon Captain Matt Hall, and Settoon Training and Safety Coordinator Dallas M. O'Quinn.



M/V Hannah Settoon Working with Ice, Memphis Discharging

Bonus for Recruits

Remember if you recruit a Licensed Tankerman and he stays aboard for 90 days you will get a \$500 bonus and for a Licensed Wheelman that stays aboard for 90 days you will receive a \$1,000 bonus

Safety

By: Danielle Quinn

The safety department would like to wish y'all, Happy Holidays to you and your families!

Cold Weather

With the upcoming winter months approaching, it is important to stay warm in cold climate conditions. Some of our vessels travel to areas of dangerously low temperatures. Please be sure to layer your clothing and protect yourself from hypothermia. (Source: MedicineNet.com)

What is hypothermia?

The body maintains a relatively stable temperature whereby heat production is balanced by heat loss. Normally, the core body temperature (when measured rectally) is 98.6 degrees F or 37 degrees C. When the outside environment gets too cold or the body's heat production decreases, hypothermia occurs (hypo=less + thermia=temperature). **Hypothermia is defined as having a core body temperature less than 95 degrees F or 35 degrees C.**

Body temperature is controlled in the part of the brain called the hypothalamus, which is responsible for recognizing alterations in the body temperature and responding appropriately. The body produces heat through the metabolic processes in cells that support vital body functions. Most heat is lost at the skin surface by convection, conduction, radiation, and evaporation. If the environment gets colder, the body may need to generate more heat by shivering (increasing muscle activity that promotes heat formation). But if heat loss is greater than the body's ability to make more, then the body's core temperature will fall.

As the temperature falls, the body shunts blood away from the skin and exposure to the elements. Blood flow is increased to the vital organs of the body including the heart, lungs, kidney, and brain. The heart and brain are most sensitive to cold, and the electrical activity in these organs slows in response to cold. If the body temperature continues to decrease, organs begin to fail, and eventually death will occur.

What are the signs and symptoms of hypothermia?

The body starts to slow as the temperature drops. Aside from the cold that is felt and the shivering that may occur, mental function is most affected initially. A particular danger of hypothermia is that it develops gradually, and since it affects thinking and reasoning, it may go unnoticed.

- Initial hunger and nausea will give way to apathy as the core body temperature drops.
- This is followed by confusion, lethargy, slurred speech, loss of consciousness, and coma.
- Often the affected person will lie down, fall asleep, and die. In some cases, the patient will paradoxically remove their clothes just before this occurs.

The decrease in brain function occurs in direct relationship to the decrease in body temperature (the colder the body, the less the brain function). Brain function stops at a core temperature of 68 F (20 C).

The heart is subject to abnormal electrical rhythms as hypothermia progresses. Ventricular fibrillation, a disorganized rhythm in which the heart is unable to pump, may occur at core temperatures below 82.4 F (28 C). This is one type of cardiac arrest.

How is hypothermia treated?

Care for the hypothermic patient begins when the person is found.

- First aid should be initiated.
- The patient should be removed from the cold environment and placed in a warm shelter away from the wind. Wet clothing should be removed and replaced with a warm, dry covering including head covering.
- Emergency medical services should be activated (call 911 if available) as soon as possible.
- The patient's breathing should be monitored, and if it becomes dangerously slow or stops, CPR should be initiated.
- Rough handling or jerking of the patient should be minimized if the person is lethargic or unconscious. This may cause an irritable heart to develop electrical abnormalities such as ventricular fibrillation.
- Rewarming should be started by applying warm compresses to the chest, neck, and groin. Hot water should not be used. Because there may be associated frostbite, direct heat should not be applied to the body. Instead, warm blankets and body to body contact may be needed as a first aid measure.
- The severity of hypothermia and the patient's mental status and ability to function will determine what further treatment is necessary. Passive rewarming with warm clothing in a warm environment may be all that is required for a conscious person who is shivering.
- Active rewarming may be considered for those who are colder, showing signs of confusion, or have other medical conditions that need attention. Warmed intravenous fluids, warming blankets, and warmed humidified air may be provided in the hospital.
- More aggressive core rewarming may include infusing warm fluids into the stomach or bladder, irrigating warm solutions into the chest or abdominal cavity, and in some situations, placing the patient on dialysis or heart bypass to rewarm the body.

Each of the above options needs to be specifically tailored to the patient's situation and presentation.

One axiom that continues to be followed in emergency medical care is that a patient is not dead until they are "warm and dead." Vital signs like breathing, heartbeat, and blood pressure may be difficult to detect in a severely hypothermic patient, and often efforts are made to try prolonged resuscitation until the patient is warmed. Occasional stories are reported in the press about patients, especially children, who have been resuscitated from severe hypothermia due to immersion in cold water.

The Wheel Wash



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Executive Message

Settoon is in with the New Year!!!

How do you see the New Year? The New Year to me brings a return to the eternal beginning where there is hope, promise, enthusiasm, and well-intentioned energy. New Years is the birthday of everything. In accordance with this understanding, New Year's Day is celebrated throughout Asia as everybody's birthday. Everyone within society is automatically one year older, all the same time – older and ostensibly wiser. Sounds kind of weird to most of us, but it would be easy to remember birthdays.

A little closer to home, the period preceding the actual New Year is typically devoted to reflection, repentance, restitution, resolution and focus on rebirth. This is a time for one to make the commitment to confront one's true selves. We think about the intention and direction of our lives. We evaluate our progress. We assess our sins and redress the wrongs of our own doing. We promote positive personal change. We cultivate compassionate forgiveness, understanding and acceptance of ourselves and empathy for others, so that we might truly begin new with a clean slate.

The New Year rituals also bring goals and optimism for success. As we tend to gear up for a stronger performance at Settoon Towing, we lean on each other as teammates to eliminate the same mistakes we have historically made. Our goal for success is simply, "Zero Incidents". I have yet to find anyone on the A team that believes we can't achieve that. As we set company goals and you set your own personal goals, I have a few things we should all consider.

First, goal setting should be part of your daily and weekly routines. They should not be based on a calendar year or month.

This year my advice is to make New Year's resolutions based around what you promise to stop doing or just changing negative behaviors. Set goals today as to what new actions you will make to get you closer to your desired outcome. By setting positive actionable goals you move forward rather than simply stopping behaviors that leave you at a standstill.

Lastly, **leave your doubts behind**. This year could be the very best year of your life. It's up to you to make it so. Use these next couple of months to reflect upon and eliminate any doubts you have left to conquer in 2014. Your belief needs to be stronger than ever and your proactive approach needs to be solidified now. This means being able to be honest with yourself today and face your fears by preparing even more.

The more confident you are, the less doubt you will have and the more likely your success will be.

Focus now and into next year on making sure each day is better than yesterday. Remember, **YOU ARE** employed here and you are already part of the A team. **WE** are moving forward and excited about the vision and environment that Russ Settoon has with this company, and the great people that make it successful.

Happy New Year
Gene Moore